



HUB OF STRENGTH: BUILDING COMMUNITY CAPACITY AND LEADERSHIP

WE WORKED DIFFERENTLY FOR CHANGE

The approach used by the Hub of Strength closely reflects the values of the Child-Centred Model.

- **The Hub of Strength supports an ongoing journey of learning**, rather than following strict definitions of progress.
- **The Hub of Strength focuses on community culture and self-identity as part of a child's healthy development** – rather than providing supports only for physical health.
- **The Hub of Strength integrates traditional Indigenous ways into learning**, rather than as a separate activity.

When we work within the Child-Centred Model, we are able to support positive change for children, parents, families, and the community.

To learn more about the Child-Centred Model, read the full report at winnipegboldness.ca/childcentredmodel.

BUT WE NEED YOU TO SUPPORT FAMILIES

Through this work we found that there are larger barriers that affect community members and leaders. We need governments, non-profits, and businesses to:

- 1 | ENSURE THAT FUNDING STRUCTURES SUPPORT FLEXIBLE, PREVENTATIVE APPROACHES.**
- 2 | SUPPORT COMMUNITIES AS PART OF THE NATURAL SUPPORT SYSTEMS FOR HEALTHY CHILDREN.**
- 3 | SUPPORT INDIGENOUS WISDOM IN SERVICE DELIVERY.**

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To learn more, read the full Hub of Strength report at winnipegboldness.ca/hubofstrength, and explore our other prototype reports at winnipegboldness.ca/research

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The Winnipeg Boldness Project is working towards a bold goal:

Children and families in Point Douglas will experience dramatically improved wellbeing in all aspects of self: physical, emotional, mental, and spiritual.

We are working with families, community leaders, and businesses in the community to test new ideas to support the wellbeing of children and families. These ideas, which we are calling Proofs of Possibilities (POPs), support a vision for change in our community. We are exploring possibilities in the following areas:

COMMUNITY VISION:

Community members are supported to build leadership skills and capacity by drawing from a well of community wisdom.

At the start of our project the community identified a need for a place where all community members could engage with Elders and draw upon our community wisdom to guide them in their journeys and growth. The Winnipeg Boldness Project collaborated with the Indigenous Learning Circle (ILC), an existing group whose priorities aligned well with these needs, to develop three examples of the supports that community members might draw upon:

- **Community Leadership Training (CLT):** Supports to build Indigenous and community leadership at all levels.
- **Early Childhood Development (ECD) Training:** Supports for caregivers and parents focused on wholistic childhood development and guided by traditional Indigenous knowledge.
- **Evaluation Framework:** An approach to conducting evaluations that are culturally appropriate and developed in cooperation with the community.