



SUPPORTS FOR DADS: INCREASING FAMILY TOGETHERNESS

WE WORKED DIFFERENTLY FOR CHANGE


The NPDWC Men's Circle is just one example of the support that is needed for men and fathers. It provides a model for what support for dads could look like, a model which closely aligns with the Child-Centred Model – a way of working for positive change developed by the community of Point Douglas


The mens circle is open and flexible to the individual needs of all participants, rather than following a rigid structure.


The mens circle provides a space free from judgment, rather than telling dads what they should or shouldn't be doing.


The mens circle operates within the natural support systems of peers and fathers, rather than solely focusing on connecting dads and children with professionals.

When we work within the Child-Centred Model, we are able to support positive change for children, parents, families, and the community. To learn more about the Child-Centred Model, read the full report at www.winnipegboldness.ca/childcentredmodel

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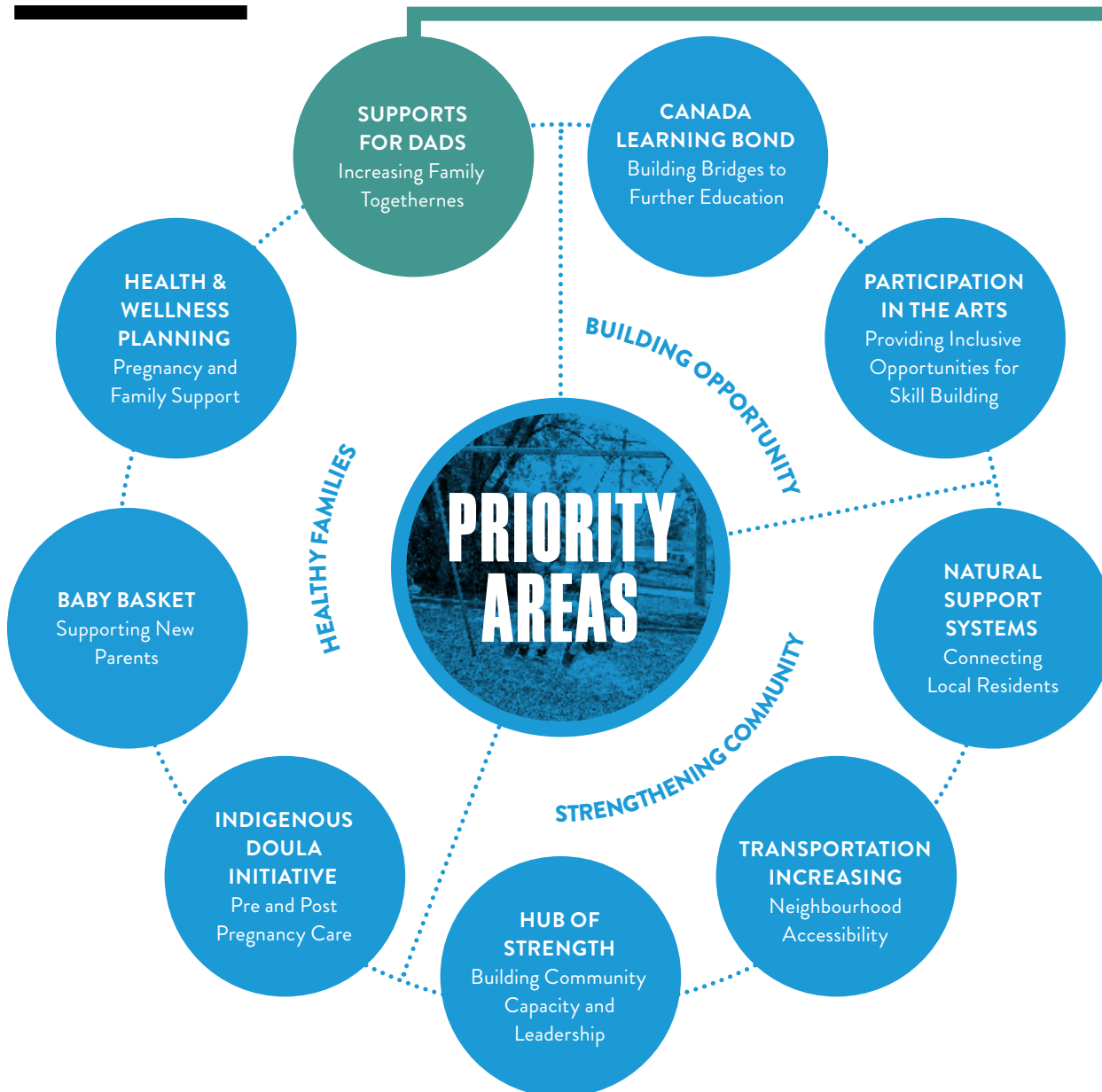
BUT WE NEED YOU TO SUPPORT FAMILIES

Through this work we found that there are larger barriers that affect dads and families. We need governments, non-profits, and businesses to:

- 1 | **SUPPORT DADS TO BE INCLUDED AS PART OF THE NATURAL SUPPORT SYSTEMS FOR HEALTHY CHILDREN.**
- 2 | **ENSURE THAT FUNDING STRUCTURES SUPPORT FLEXIBLE, PREVENTATIVE APPROACHES.**
- 3 | **REPAIR THE RELATIONSHIP BETWEEN DADS AND THE SYSTEMS AROUND THEM**

To learn more, read the full Support for Dads POP report at www.winnipegboldness.ca/supportsfordads and explore our other POP reports at www.winnipegboldness.ca/prototypes

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The Winnipeg Boldness Project is working towards a bold goal:

Children and families in Point Douglas will experience dramatically improved wellbeing in all aspects of self: physical, emotional, mental, and spiritual.

We are working with families, community leaders, and businesses in the community to test new ideas to support the wellbeing of children and families. These ideas, which we are calling Proofs of Possibilities (POPs), support a vision for change in our community.

COMMUNITY VISION:

All dads will have the supports they need to be fully engaged with their families.

Dads in Point Douglas need many different supports to help them be fully engaged with their family, including supports around basic needs, healing from trauma, and strengthening their parenting skills. There are already some resources like this in the community, such as the North Point Douglas Women's Centre (NPDWC) Men's Sharing Circle. We focused our Supports for Dads POP on understanding the NPDWC Men's Circle, learning what other help is needed for dads in Point Douglas, and creating a toolkit for scaling these approaches. In order to achieve this we:

- **Learned About the NPDWC Men's Circle:** We spent time with the facilitators and members to learn about what makes this support helpful for dads.
- **Identifying Other Needed Supports:** We connected with community leaders and dads to learn about their needs through a survey, discussion circles, and interviews.
- **Scaling These Approaches:** We developed a toolkit and principles for applying what we have learned to other supports for dads.