



PARTICIPATION IN THE ARTS: PROVIDING INCLUSIVE OPPORTUNITIES FOR SKILL BUILDING

WE WORKED DIFFERENTLY FOR CHANGE

The Child-Centred Model – a way of working for positive change developed by the community of Point Douglas – helped us find the best ways to support families in accessing arts-based opportunities.


We worked to provide supports for recreation, self-care, and curiosity rather than focusing solely on basic needs.


We worked to provide the option to choose to participate rather than pressuring families to participate or shaming them for not participating.


We worked to create spaces that were welcoming to families from Point Douglas rather than assuming that they would participate simply if costs were covered.


When we work with the Child-Centred Model as our guide, we are able to support positive change for children, parents, families, and the community.

To learn more about the Child-Centred Model, read the full report at winnipegboldness.ca/childcentredmodel

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CHANGING THE SYSTEM FOR TOMORROW

Through this work we found that there are larger barriers that affect families and community members. We need governments, non-profits, and businesses to work together in order to:

- 1 | CREATE SPACES AND PLACES THAT WELCOME BOTH INDIGENOUS AND NON-INDIGENOUS FAMILIES FROM ALL WALKS OF LIFE.**
- 2 | FUND ORGANIZATIONS THAT ARE INCLUSIVE.**
- 3 | SUPPORT PARTICIPATION BY MEETING BASIC NEEDS.**
- 4 | FOCUS ON SUPPORTING A WHOLISTIC SENSE OF SELF FOR FAMILIES**

To learn more, read the full Providing Opportunities for Skill Building POP report [\[reference\]](#), read our report on helpful ways to work with Point Douglas [\[reference\]](#), and explore our other POP reports [\[reference\]](#)

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The Winnipeg Boldness Project is working towards a bold goal:

Children and families in Point Douglas will experience dramatically improved wellbeing in all aspects of self: physical, emotional, mental, and spiritual.

We are working with residents and groups in this neighbourhood to test new ideas to support the wellbeing of children and families. These prototypes which we are calling Proofs of Possibilities (POPs), support a vision for change in our community. We are exploring possibilities in the following areas:

COMMUNITY VISION:

Every child will have the opportunity to discover their gifts, develop their skills, and build self-esteem.

Arts and cultural activities support childrens' and families' personal development, sense of possibility, self-determination, and wellbeing. We focused on the following supports to give families the opportunity to choose to participate in arts-based activities:

Identifying barriers to participation: Learning what keeps families from participating in arts and cultural events.

Providing for families' unique needs: Providing childcare, transportation, and planning supports.

Making spaces inclusive: Working with organizations to build environments that are warm and welcoming to both Indigenous families and non-Indigenous families.

Changing perceptions: Inviting families in Point Douglas to events and working with arts organizations to show that these events are for them.